

AGE-GROUP RESULTS  
 FUN IN THE SUN 5K  
 NAVAL STATION NORFOLK  
 FRIDAY 29 MAY 2009

FEMALE AGE GROUP: 1 - 29					
Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	325	Brooke Helsabeck	19	21:12.3	6:50
2	308	Lauren Zack	26	24:39.7	7:57
3	166	Celeste Mata,	29	26:06.7	8:25
4	507	Meghan McCullough	23	26:36.4	8:34
5	464	Tara Feher	28	26:44.8	8:37
6	395	Sarina Celaya	22	26:50.5	8:39
7	476	Cristina Flagg	27	27:07.0	8:44
8	96	Courtney Gordontenna,	27	27:52.8	8:59
9	341	Misty Pippin	23	27:52.9	8:59
10	385	Courtney Salmon	19	28:35.5	9:13
11	512	Erin Sewell	20	28:46.1	9:16
12	147	Jennifer Landry,	25	29:42.4	9:34
13	260	Arlura Syvertson	22	29:55.5	9:38
14	522	Amanda Axmaker	23	30:00.2	9:40
15	403	Kara Oregon	25	30:20.7	9:47
16	505	Larci Robertson	29	30:58.8	9:59
17	156	Samantha Lippoff,	28	31:24.6	10:07
18	449	Ashley Alvey	22	31:26.7	10:08
19	465	Beth Salva	28	31:38.7	10:12
20	228	Linda Rosas	24	31:56.8	10:17
21	436	Blaize Ramirez	27	32:04.3	10:20
22	435	Amber Clayborn	23	32:07.2	10:21
23	536	Emily Buster	26	32:39.5	10:31
24	406	Allison Clark	23	32:49.8	10:35
25	183	Pauline Medrano,	28	33:23.6	10:45
26	340	Courtney Perkins	27	33:44.2	10:52
27	125	Patrice Hucey,	27	33:59.6	10:57
28	250	Shona Startin	27	35:20.2	11:23
29	238	Quitasha Simmons	29	36:37.8	11:48
30	555	Imarieli Lewis	24	37:16.5	12:00
31	305	Daynel Young	23	37:44.2	12:09
32	144	Partic Labrynth,	25	38:16.3	12:20
33	91	Jennifer Freeman,	24	42:05.1	13:33
34	15	Katharine Belford,	26	42:05.4	13:33
35	358	Sara Rubio	25	42:58.4	13:50
36	450	Alisa Siderio	23	42:58.7	13:50
37	213	Lindsay Porter	26	46:17.4	14:54
38	77	Mariah Dumas,	22	47:02.2	15:09
39	521	Raquel Pulido	26	50:10.7	16:10
40	322	Darlene Hall	28	52:23.7	16:52
41	336	Denise Miller	28	52:23.7	16:52
42	472	Mandi Helms	29	55:28.3	17:52
43	188	Keondra Miller,	24	59:14.1	19:04
44	313	Asha Decan	25	1:00:13.4	19:24

MALE AGE GROUP: 1 - 29					
Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	496	Alex Anderson	22	16:55.8	5:27
2	489	Vijay Kataria	20	18:37.6	6:00
3	460	Anthony Adent	22	19:09.5	6:10
4	76	Chris Duke,	22	19:42.6	6:21
5	537	James Walk	22	20:58.0	6:45
6	509	John Decesare	28	21:14.0	6:51
7	357	Timothy Gleason	27	21:28.5	6:55
8	469	Benjamin Gentry	19	21:33.6	6:57
9	548	Casey Smith	24	22:21.7	7:12
10	348	Kevin Walker	29	22:56.3	7:23
11	514	Michael Harkey	21	23:00.3	7:25

12	120	Brian Hodgdon,	27	23:05.5	7:26
13	223	Tyler Richardson	26	23:16.8	7:30
14	508	Paul Piavis	21	23:24.3	7:32
15	493	Jordan Foley	20	23:35.2	7:36
16	523	Ryan Livingston	28	23:35.3	7:36
17	296	Todd Wimmer	29	23:59.0	7:44
18	41	Aaron Chapin,	22	24:08.7	7:47
19	150	Dane Lathroum,	16	24:35.3	7:55
20	165	Alberto Mata,	22	24:57.8	8:03
21	423	Jonathon Earles	26	24:59.5	8:03
22	546	John Schoonover	26	26:46.7	8:38
23	511	Prest Farrington	28	26:49.5	8:39
24	477	Blake Lafever	28	27:29.1	8:51
25	17	Kevin Bennett,	20	27:45.1	8:56
26	300	Justin Wise	26	27:50.3	8:58
27	532	Gage Smith	10	28:11.2	9:05
28	471	Joe Hansley	25	28:42.5	9:15
29	382	Shawn Williamson	27	28:57.4	9:20
30	360	Aaron Waldo	25	29:36.3	9:32
31	444	Calvin Hou	25	29:54.3	9:38
32	520	Charles Mckinsey	19	30:23.4	9:47
33	121	Arnold Hodges,	21	30:54.1	9:57
34	513	Brian Graf	23	31:35.1	10:10
35	257	Joseph Stricklin	26	31:46.8	10:14
36	369	Alberto George	27	31:48.6	10:15
37	140	Ranoy Kesity,	21	32:03.1	10:19
38	538	Calvin Wilds	27	32:28.7	10:28
39	535	Michael Fortuna	25	32:39.6	10:31
40	420	Marlo Reijersen	27	35:16.1	11:22
41	362	Kevin Lorjuste	21	35:43.5	11:30
42	409	Alex Tabin	29	35:43.7	11:30
43	164	Luis, Martinez,	26	39:02.8	12:35
44	316	Warre Ewing	25	40:07.7	12:55
45	334	Ryan Lober	20	40:12.2	12:57

FEMALE AGE GROUP: 30 - 37					
Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	145	Danielle Lafferty,	33	20:36.6	6:39
2	219	Wendy Rafferty	37	24:05.3	7:46
3	38	Elizabeth Campos-Crow,	31	24:20.6	7:51
4	416	Kim Winters	32	24:38.7	7:56
5	293	Bobbie Williams	31	26:45.8	8:37
6	184	Taryn Meeks,	30	26:55.3	8:40
7	455	Tori Moffitt	33	27:02.6	8:43
8	62	Tracy Davis,	30	27:23.7	8:50
9	294	Trac Williamson	32	27:35.1	8:53
10	503	Katrina Sanford	30	28:49.0	9:17
11	195	Arreni Mullins,	30	29:11.2	9:24
12	136	Christine Kanakis,	33	29:35.8	9:32
13	467	Angela Barr	36	29:44.2	9:35
14	332	Michelle Johnson	32	30:34.8	9:51
15	398	Connie Taylor	35	32:03.0	10:19
16	453	Amanda Johnston	32	32:12.5	10:22
17	278	Sandy Veit,	35	32:21.5	10:25
18	127	Estrella Hyman,	37	33:29.2	10:47
19	94	Maria Gilliam,	37	34:12.6	11:01
20	473	Maria Gustafson	34	34:48.1	11:13
21	208	Mirijana Path,	37	35:33.3	11:27
22	501	Neva Rossignol	35	36:37.0	11:48
23	502	Sunceya Niethamer	36	37:15.1	12:00
24	7	Delois Andrews,	36	39:32.2	12:44
25	227	Emma Rosario	35	39:38.4	12:46
26	556	Amiee Gallagher	34	41:13.4	13:17
27	59	Dawn Dabney,	36	41:43.5	13:26
28	491	Nicole Pienkowski	30	42:20.9	13:38
29	177	Melissa Mckinney,	30	45:26.4	14:38
30	32	Jill Brown,	33	46:38.8	15:01

31	368	Tracey Clayton	35	48:57.2	15:46
32	344	Precious Scott	30	49:22.8	15:54
33	2	Kehaulani Akana-Miller,	37	50:55.3	16:24
34	350	Jill Wennerstrom	36	53:18.9	17:10
35	124	Cynthia Honcharik,	36	59:04.7	19:01

MALE AGE GROUP: 30 - 37					
Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	534	Andrew Duffe	34	18:57.2	6:07
2	143	Greg Kreutzberg,	34	19:35.2	6:19
3	518	Michael Texixeira	31	19:44.2	6:22
4	515	Craig Bishop	36	20:30.6	6:37
5	198	Samuel Nabutete,	37	20:33.9	6:38
6	517	Jose Oregon	37	21:18.5	6:52
7	424	Trent Arnold	34	21:28.1	6:55
8	246	Manuel Solano	37	22:10.2	7:09
9	356	Nathan Cintula	35	22:28.1	7:14
10	529	Donald Davis	35	22:30.5	7:15
11	558	Matt Rick	37	23:20.0	7:31
12	543	Eddie Wilkinson	35	23:30.7	7:35
13	552	Chiu-Rourman	34	23:35.8	7:36
14	544	Steven Myers	30	23:37.4	7:37
15	470	John Rossi	30	23:41.2	7:38
16	542	Theodore Edwards	37	23:54.5	7:42
17	526	Colin Dewyea	36	23:58.1	7:43
18	603	Chad Brooks	37	24:23.6	7:52
19	113	Michael Harrison,	31	24:34.2	7:55
20	528	Matt Fine	31	24:41.5	7:57
21	485	Dana Thorson	36	25:57.5	8:22
22	321	Melvin Green	33	25:58.5	8:22
23	484	Kenneth Malin	36	26:11.1	8:26
24	51	Brian Connett,	33	26:20.2	8:29
25	86	Brian Fletter,	35	26:34.0	8:34
26	500	Tommy Clarke	30	26:44.7	8:37
27	27	Scott Brand,	36	26:48.5	8:38
28	415	Greg Saybolt	31	26:53.0	8:40
29	456	Daniel Tisinger	31	27:00.4	8:42
30	132	Eric Jones,	33	27:03.9	8:43
31	205	Chris Osborn,	36	27:06.1	8:44
32	22	Allen Blackburn,	32	27:15.0	8:47
33	492	Chris Pienkowski	31	27:36.2	8:54
34	149	Rommel Langomez,	35	27:39.8	8:55
35	533	Roger Winslow	31	28:11.2	9:05
36	474	Ryan Taylor	36	29:18.9	9:27
37	146	Norman Landry,	32	29:42.4	9:34
38	226	Jordan Rosadok	35	30:15.7	9:45
39	161	Kenneth Manuel,	33	30:27.2	9:49
40	303	Sean Woodward	35	30:36.0	9:51
41	186	David Meyer,	33	30:36.4	9:52
42	383	Michael Kohan	34	30:56.4	9:58
43	309	Rod Brown	34	31:13.8	10:04
44	442	Chris Pruitt	36	31:39.6	10:12
45	42	Dariu Christian,	36	31:40.1	10:12
46	443	Chris Slattery	35	31:42.5	10:13
47	261	Brian Taylor	33	31:54.0	10:17
48	380	Antonio Samuel	33	32:05.9	10:20
49	562	Thad Mcdonald	36	32:11.9	10:22
50	563	Koartrik Young	35	32:27.8	10:27
51	466	Jeffrey Lowe	36	32:36.5	10:30
52	565	Topel Sweeney	31	33:55.5	10:56
53	486	Michael Lewis	35	37:02.7	11:56
54	381	Nguyen Nguyen	33	37:12.0	11:59
55	481	Tim Beals	32	38:02.4	12:15
56	162	Tyson Marsh,	32	38:02.6	12:15
57	129	Raymond Jarmon,	30	38:04.4	12:16
58	171	Marcel Mccoy,	35	39:02.8	12:35
59	343	Timothy Salter	30	40:57.4	13:11

60 176 Jeremiah Mckinney,  
61 307 Larry Young

32 45:26.6 14:38  
36 46:02.5 14:50

FEMALE AGE GROUP: 38 - 44

Place	Bib	Name	Ag	Official	Pace
1	354	Dina Stclair	40	23:41.9	7:38
2	458	Agnes Sullivan	38	23:47.8	7:40
3	287	Mariza Watson	38	25:30.4	8:13
4	297	Shannon Winfield	38	25:46.6	8:18
5	130	Meghan Jobin,	39	27:39.7	8:55
6	452	Sandra Foster	43	28:29.2	9:11
7	52	Tisha Cooper,	40	28:46.0	9:16
8	218	Marie Price,	40	29:20.4	9:27
9	68	Dawn Demacos,	38	29:20.8	9:27
10	30	Maryann Bright,	44	29:27.8	9:29
11	139	Lyon Kennelly,	38	30:15.7	9:45
12	317	Dianna Fricke	39	30:18.5	9:46
13	495	Tracy Uriegas	39	30:18.5	9:46
14	448	Susan George	42	32:47.2	10:34
15	26	Carol Borecke,	41	35:27.3	11:25
16	497	Heidi Hupp	41	35:28.1	11:25
17	446	Kelley Stirling	39	35:40.2	11:29
18	553	Jondell Ritchie	38	36:02.2	11:36
19	479	Cassandra Conic	43	37:02.6	11:56
20	478	Gale Lewis	43	37:05.5	11:57
21	160	Vivian Maner,	39	37:08.4	11:58
22	490	Faith Baker	42	37:11.7	11:59
23	524	Lynnette McDuffie	39	47:02.3	15:09
24	342	Shuntanu Polk	42	49:32.6	15:57
25	414	Jennifer Kwok	43	49:50.5	16:03
26	304	Sonya Yanas-Zeiner	43	50:33.4	16:17
27	494	Tierney Faircloth	41	55:28.8	17:52

MALE AGE GROUP: 38 - 44

Place	Bib	Name	Ag	Official	Pace
1	549	Tim Swift	40	19:17.5	6:13
2	399	Lee TRUE	44	19:27.2	6:16
3	551	Edward Eck	40	19:38.9	6:20
4	83	Todd Eveland,	40	20:07.9	6:29
5	547	Lelon Gray	43	20:24.6	6:35
6	530	Chris Brown	40	20:52.0	6:43
7	103	Chris Haden,	43	21:33.7	6:57
8	519	Greg Schmeiser	41	22:20.4	7:12
9	506	James Harris	42	22:26.5	7:14
10	4	Richard Alsop,	40	22:34.9	7:17
11	167	Daryl Matthew,	41	22:35.0	7:17
12	434	Philip Hicks	38	23:02.2	7:25
13	487	William Baxter	43	23:35.9	7:36
14	61	Mike Daniels,	42	23:43.8	7:39
15	504	Ronald Herman	39	24:05.9	7:46
16	454	George Hinson	39	24:15.0	7:49
17	405	Mitch Johnson	43	24:17.8	7:50
18	539	Mike Hopkins	38	24:38.1	7:56
19	371	John Brown	40	24:44.4	7:58
20	320	Jeffrey Gillespie	41	25:22.0	8:10
21	172	James Mcfarland,	41	25:28.0	8:12
22	288	Brian Weigelt	38	25:49.0	8:19
23	299	Joseph Winn	42	26:05.4	8:24
24	66	Nick Delaura,	39	26:07.1	8:25
25	200	William Nelson,	38	26:48.7	8:38
26	545	Joe Joyner	40	27:02.7	8:43
27	74	Randall Dixon,	38	28:15.9	9:06
28	564	Stephen Baker	38	28:21.9	9:08
29	222	Arthur Reiss	41	28:37.7	9:13
30	106	Aaron Hargis,	38	28:41.3	9:15
31	560	Marc Pinto	40	29:14.2	9:25
32	81	Marcos Espinosa,	38	29:17.0	9:26
33	482	Edgar Hall	42	29:17.4	9:26

34	468	David Barr	39	29:22.8	9:28
35	417	Jay Spare	38	29:24.0	9:28
36	229	Stephen Rowland	39	29:49.1	9:36
37	407	Reynaldo Martinez	39	30:20.3	9:46
38	158	John macmichael,	43	31:07.3	10:02
39	264	Hiram Thompson	44	31:58.7	10:18
40	457	Dan Grippo	38	32:14.9	10:23
41	233	Robert Schrock	38	32:16.5	10:24
42	73	Clive Dixon,	40	32:45.3	10:33
43	131	Anthony Johnson,	41	33:43.2	10:52
44	559	Bryan Hayes	40	33:58.5	10:57
45	252	Richard Steele	40	34:44.4	11:11
46	242	Carl Smith	39	35:44.5	11:31
47	196	Robert Mulvihill,	41	40:57.1	13:11

FEMALE AGE GROUP: 45 - 49

Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	245	Teresa Snyder	45	27:57.4	9:00
2	16	Elizabeth Bell,	48	28:02.1	9:02
3	326	Denise Helsabeck	48	32:52.8	10:35
4	173	Tina Mchargue,	45	40:54.1	13:10
5	499	Faith Willey	45	42:39.4	13:44
6	88	Paige Flores,	48	46:42.4	15:02
7	85	Margie Figureroa,	45	48:56.3	15:46
8	285	Jan Washington	48	49:23.8	15:54
9	359	Sherry Colden	45	50:24.4	16:14

MALE AGE GROUP: 45 - 49

Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	462	Mike Underwood	45	19:33.6	6:18
2	169	Dan Mccauley,	47	20:41.0	6:40
3	400	Al Hammerquist	47	21:24.6	6:54
4	100	Bryon Greenwald,	49	21:25.8	6:54
5	105	Eric Hanson,	49	22:29.2	7:15
6	527	Cass Schussler	48	22:44.8	7:20
7	90	Robert Frazier,	45	23:10.8	7:28
8	531	Victor Barrios	49	23:18.5	7:31
9	78	Gene Edwards,	49	23:26.0	7:33
10	217	Bill Price	49	23:51.7	7:41
11	480	Kari Pelkonen	46	24:40.2	7:57
12	445	Ralph Thompson	48	25:09.6	8:06
13	418	Mark Makowski	48	26:27.3	8:31
14	284	Timothy Warwick	47	26:44.1	8:37
15	561	Maurice Morales	49	27:33.8	8:53
16	451	Brian Brown	47	28:29.0	9:11
17	516	Rick Cerza	47	29:04.1	9:22
18	498	Jerry Hupp	46	35:28.2	11:25
19	459	Edwin Sanjuro	48	36:06.3	11:38
20	370	Alfredo Camacho	49	41:04.4	13:14
21	353	Frank Wright	47	49:32.0	15:57

FEMALE AGE GROUP: 50 - 98

Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	89	Linoa Fox,	52	26:23.9	8:30
2	525	Carolyn Shaheen	56	27:12.5	8:46
3	126	Shannon Hurley,	50	32:12.7	10:23
4	272	Esther Trinidad	55	35:41.5	11:30
5	361	Kathy Thomas	50	37:04.5	11:56
6	550	Janseen Reeves	50	38:50.3	12:31
7	152	Frances Leland,	56	43:36.9	14:03
8	241	carol smallman	52	43:37.8	14:03
9	277	Julia Vaught	50	45:47.3	14:45
10	47	Russi Cleveland,	61	51:19.0	16:32
11	323	Barbara Harrington	53	53:19.0	17:10

MALE AGE GROUP: 50 - 98

Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====

1	488	Don Thrush	50	21:24.3	6:54
2	24	Roy Blakeburn,	54	22:49.7	7:21
3	123	Jimmy Holland,	50	23:13.9	7:29
4	419	Rick Richardson	56	23:19.4	7:31
5	475	Jeff Lane	51	24:28.4	7:53
6	295	David Willis	52	24:44.9	7:58
7	204	, Kevin Oakes,	50	25:36.6	8:15
8	232	Terry Salisbury	54	26:29.8	8:32
9	98	Frank Gravener,	50	27:04.4	8:43
10	3	nathan Alexander,	51	28:58.5	9:20
11	447	Rob Smith	55	29:04.3	9:22
12	355	Rick `Dollar	50	29:18.5	9:26
13	327	Mike Helsabeck	50	30:43.3	9:54
14	276	James Vaught	55	31:38.1	10:11
15	463	Buford Redd	51	32:55.1	10:36
16	137	Dwight Kane,	56	36:42.3	11:49
17	79	William Ekberg,	56	37:05.0	11:57
18	510	James Fellows	62	44:21.9	14:17
19	667	Allan Kropf	52	44:47.1	14:25
20	207	, Ricardo Parocha,	52	45:34.0	14:40
21	397	Jose Campos	52	45:42.4	14:43